PASTOR/MINISTRY FATIGUE AND BURNOUT

Dr. Archibald Hart, Fuller Seminary — a name every church staff leader needs to know intimately. He just might help you save your family, your ministry, your sanity and even your life.

Archibald Hart – Liberty University Convocation
https://www.youtube.com/watch?v=OxMzzewPej8

Archibald Hart – Biola University
The Rewiring of the Human Brain and How It Affects Mental Health
https://www.youtube.com/watch?v=89QZF9vZXSk

Archibald Hart – Biola University
Where Has All Our Pleasure Gone
https://www.youtube.com/watch?v=Frz-2zLdzbl

Archibald Hart – Biola University
Love and Intimacy in God’s Kingdom
https://www.youtube.com/watch?v=6HLHy9DPHOw

Depressed, Stressed, and Burned Out: What’s Going on in My Life?
http://enrichmentjournal.ag.org/200603/200603_020_burnout.cfm

Causes of Adrenal Fatigue

The Workaholic Breakdown Syndrome: Chronic Fatigue
https://www.psychologytoday.com/blog/the-workaholics/201205/the-workaholic-breakdown-syndrome-chronic-fatigue

Resources

Some Cures for Discouragement – Rick Warren
http://www1.cbn.com/biblestudy/some-cures-for-discouragement

Compassion Fatigue: A Problem for Pastors

Who Pastors the Pastor? | For The Church
http://ftc.co/blog/posts/who-pastors-the-pastor

Pastoral Fatigue – You Can Live With It
Ministry Magazine
https://www.ministrymagazine.org/archive/2006/04/pastoral-fatigue-you-can-live-with-it.html

The Dark Secret of Pastoral Fatigue: Why Pastors Get Tired

Pastoral Fatigue | Church Then And Now
http://churchthenandnow.com/2011/05/13/pastoral-fatigue/
Know Your Limits

Enrichment Journal - Assemblies of God
http://enrichmentjournal.ag.org/200803/200803_160_KnowLimits.cfm

Spiritual exhaustion and the cost of caring in the pastoral ministry ...

We Need Each Other:
Counselors, Pastors, and Compassion Fatigue
http://www.aacc.net/2015/02/12/we-need-each-other-counselors-pastors-and-compassion-fatigue-2/

Pastoral Burnout:
Compassion, Fatigue and On the Job Stress ...

Compassion Fatigue – Caring without Losing your Mind
http://iamsignificant.ca/featured/compassion-fatigue-caring-without-losing-your-mind/

Pastoral Burnout And Leadership Styles:
Factors Contributing to ...
book by Ruben Exantus
https://books.google.com/books?id=eeVG814Od6AC&pg=PR17&lpg=PR17&dq=pastoral+fatigue&source=bl&ots=cMbO0apuQf&sig=HpHerCBKqI3vXw9IPkH8daOZI&hl=en&sa=X&ved=0ahUKEwjelPnmyYvPAhXENT4KHXoA6QoQFjAAeg0EAY#v=onepage&q=pastoral%20fatigue&f=false

261 Compassion Fatigue - MinistryHealth.Net
https://www.google.com/search?q=pastoral+fatigue&biw=1600&bih=1099&site=webhp&start=20&sa=N&dpr=1&bav=on.2,or.&bvm=bv.132479545,d.cWw&ion=1&ech=1&ps=yX_XV-uTOsveteiagH.1473743367021.3&ei=-4PXV6aPFSxy-AHNgbrQAw&emsg=NCSR&noj=1

Preaching through Fatigue | Preaching Today
http://www.preachingtoday.com/skills/themes/honing-craft/preaching-through-fatigue.html

Pastoral Burnout and the Impact of Personal Spiritual Renewal. Rest-taking and Support System Practices